

# Greenwood at Laurel Lake Assisted living and so much more...





Warm, inviting, with all the comforts of home that's Greenwood at Laurel Lake.

Greenwood gives you freedom to make choices about daily living in a safe, caring environment. This beautiful assisted living neighborhood, right in the heart of Laurel Lake, offers a variety of floor plans and top-rated care.

#### **Everything You Need**

As a true Life Plan Community (also known as a Continuing Care Retirement Community), Laurel Lake has everything you may need for the future in one place—including independent and assisted living, memory supportive care, 24-hour skilled nursing/rehabilitation, and therapy services.



#### **Perfect Location**

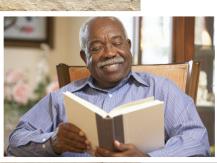
Laurel Lake is set within a scenic 150-acre campus in historic Hudson, just one mile from downtown shops and dining. It's close to the best of Cleveland and Akron arts, entertainment, and world-class health care.

#### **Person-Centered Living**

Every aspect of daily life—from sleep routines and dining preferences to social engagement and personal growth opportunities—is chosen by our residents and their supporting family members.







#### Life is bigger here

What makes Greenwood at Laurel Lake so special? Wellness of **Mind**, **Body & Spirit** is integrated into everything we do.

With our unique "connected campus" design, Greenwood residents can freely engage in life-enriching programs and social opportunities.

Dine where and when you like, as the mood strikes you. Enjoy the soothing luxuries of a full-service Salon. Maintain strength for daily living in our Fitness & Aquatic Center, supported by wellness experts.

Conveniences like a well-stocked library, and Colony Shop make life easier. Hundreds of classes, clubs, concerts and outings keep life interesting. Easy access to on-site health services ensures peace of mind.

There's *more* for you and your family to experience at Greenwood at Laurel Lake.



Furry family members are welcome in our pet-friendly community!

# Homes designed for comfort and safety that's Greenwood at Laurel Lake.

#### Apartment Features and Daily Services

Choose the floor plan that's right for you. Homes range in size from private suites and studios to spacious one or two-bedroom apartments.

- Kitchenettes feature roomy cabinets, sink, and refrigerator.
- Private baths are equipped with a walk-in shower, non-slip flooring and safety bars.
- 24-hour licensed nursing supervision includes medication management.
- Three restaurant-style meals are served daily in Greenwood Grille. Healthy snacks available on request.
- Residences have individually controlled heating and air conditioning.



- All utilities (except telephone) are included, along with basic Cable TV and WiFi.
- Safety features include 24-hour security and a wireless Emergency Call System.
- Weekly housekeeping and flat linen services are provided, with bed-making and fresh towels.

With Laurel Lake's full focus on you, our team of caregivers, wellness experts, nutrition specialists, and medical staff is committed to providing superior care in beautiful surroundings.



## Individualized care

At the heart of our resident-centered approach is the **Individualized Care Plan**. Before movein, our staff meets with you to build a program of services based on your interests, needs and wishes. The plan includes, but is not limited to:

- Monitering & safety
- Bathing, dressing & grooming
- Medication coordination
- Mobility & transferring
- Continence management
- Life enrichment programming

As your needs change over time, so does your care plan. This daily attention to your wellbeing provides peace of mind for families and the best possible quality of life for you.

## **On-site health services**

Laurel Lake offers a remarkable array of campus wellness services to help you maintain optimal health at every stage of life.

- Spa Salon with beauty/barber services
- Fitness & Aquatic Center designed to benefit people of all physical abilities
- Wellness Center open 7 days a week during select hours
- Caring Hands in-home caregivers
- Therapy Center for physical, occupational and speech therapies
- Crown Center 24-hour licensed skilled nursing & rehabilitation
- Laurel Lake's own Northeast Ohio Home Care & Hospice

Wellness services include therapeutic massage and aquatic therapy.

## **Dining that delights**

At Greenwood, you and your guests can enjoy a wide variety of taste-tempting options at mealtime. You're welcome to dine in any of Laurel Lake's campus restaurants – each with its own distinctive décor and cuisine.

**The Greenwood Grille** serves cooked-toorder breakfasts and a lunch/dinner menu loaded with entrees like Citrus Shrimp Salad, Steak Cobb Salad, the Clocktower Beef Tenderloin, and more.

**The Bistro** is a "fast casual" cafe/sports bar that lets you build your own pizza, salad or wrap. Grab a gelato, smoothie or milkshake with the grandkids, or meet friends for Wednesday Wing Nights!

**The Lakeside Room** offers upscale dining in an elegant setting, with an ever-changing menu featuring choices like Filet Mignon, Lobster, and Pasta or Stir Fry Stations.

From classic comfort foods to world cuisine, Laurel Lake chefs bring you a satisfying array of nutritious, flavorful foods prepared fresh daily. Consult with our staff nutritionist about your special dietary needs.

In the mood to dine at home? Laurel Lake offers carry-out and home delivery service. Our campus **Colony Shop**, open 7 days a week, stocks a satisfying assortment of fresh foods, snacks and groceries.







Family coming to visit? Remind them to bring their bathing suits!

> A thriving "small town" with so much to see, learn and enjoy—that's Laurel Lake.

Fitness & Aquatic Center The Spa Salon The Artisans Studio Laurel Lake Library Serenity Chapel Community Room & Performing Arts Hall The Colony Shop Business Centers Fireside Lounge Mixing Place

#### Bringing good things to life

You've never seen assisted living quite like *this* before. Just beyond the doors of Greenwood is Laurel Lake's **Town Center**, where a rich community life awaits you.

Attend concerts. Take art and writing classes where you may draw, paint or write your own personal story. Sing with the Laurel Lake Chorale.

Boost your brain power with classes, lectures, discussion and game groups. Read to your heart's content in our quiet, comfortable library with thousands of books. Recharge your body in our Fitness & Aquatic Center, and your spirit with the intergenerational, spiritual and volunteer activities that bring beauty and joy to daily living.

Laurel Lake's team of life enrichment specialists offers hundreds of social, recreational, cultural and educational programs each month. Residents are encouraged to join in the experiences that will contribute to their overall quality of life.







At Laurel Lake, catch-and-release fishing is a fun family activity.

## **Close to Nature**

Within Laurel Lake's 150-acre campus, residents can commune with nature in safe, comfortable ways. Sheltered courtyards with raised beds allow you to continue a lifelong love of gardening. Paved walkways with scenic views invite you to explore the outdoors with family and friends. Cozy patios host al fresco dining, friendly cookouts and concerts under the stars. There's even a three hole practice golf course.

Our resident naturalists have spotted more than 100 species of wildlife on campus. This rich biodiversity-and the healing qualities of nature—are cherished aspects of life here.







To learn more about Greenwood or request a tour, call 330-650-2100 or visit www.laurellake.org today.

200 Laurel Lake Drive / Hudson Ohio 44236 自



**OUR PURPOSE** Laurel Lake strives to be the community of choice for adults who aspire to lead lives filled with meaning, purpose, and lifelong opportunities for growth and service.